**PROPOSED SCHEDULE AND REGISTRATION FORM FOR DA RETREAT .FEB 24-26, 2017**

**SCARBOROUGH FOREIGN MISSIONS, 2685 KINGSTON RD, TORONTO ON**

**FRIDAY, FEBRUARY 24TH**

**7 pm Mildred will introduce the theme – WHAT IS SPIRITUALITY?**

**Short meditation**

**8pm onward – having fun (movies, dance, etc.)**

**SATURDAY, FEBRUARY 25TH**

 **Mildred will have copies of prepared questions**

**9 – 10am Mildred will talk on Steps 9 and 10**

**Reflection break – can meet with a partner, group or enjoy solitude to consider the prepared questions**

**Mildred will schedule some 1 on 1’s for this time**

**10:30 – 12pm Mildred will talk on Steps 11 and 12**

**Lunch break 12 – 2:30**

**2:30 – 3:30pm Talk – Living the steps in everyday life**

**3:30 – 6pm Stations including art (vision boards, meditation books), yoga, nature walks**

**Mildred will schedule some 1 on 1’s for this time**

**6-7pm Dinner**

**7 – 8pm Talk – Relationship as spiritual practice**

**8pm onward – having fun (skits, talents, dance, etc.)**

**SUNDAY, FEBRUARY 26TH**

**9 – 10am Talk – Prayer and meditation**

**10:30am Sharing session – Gathering the fragments, then lunch**

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**Registration Form – Please submit by February 3, 2017 to DEBTORS ANONYMOUS RETREAT, 307-3270 BATHURST ST., TORONTO ON M6A 3A8**

 **INCLUDE CHEQUE OR MONEY ORDER PAYABLE TO *DEBTORS ANONYMOUS*.**

**NAME \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ PHONE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-MAIL \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_ RESIDENTIAL $185 includes accommodations Friday and Saturday, meals Saturday and Sunday (as listed on flyer)**

 **\_\_\_\_\_COMMUTER $95 Includes meals only (as listed on flyer)**

**SPECIAL NEEDS? (e.g., food sensitivities, special diet, mobility issues) Contact Retreat committee (as listed on flyer)**

**SCHOLARSHIPS: Details can be found at** [**debotrsanonmyous.ca**](http://debotrsanonmyous.ca)